Allergen Bureau

Food Allergen Labelling & Management, what lies ahead?

Jasmine Lacis-Lee Allergen Bureau Director / BVAQ FTAA Webinar 22nd June 2023



Allergen Bureau

- Membership based organisation established to provide food industry with rapid responses to questions about allergen risk management in food ingredients and manufactured foods
- Established in 2005, pre-competitive, 'not-forprofit', Allergen Bureau directors provide voluntary, unpaid services

Become a member



Vision & Mission

Vision: A trusted food supply for allergen sensitive consumers around the world.

Mission: Lead the global food industry in best practice allergen management, sharing information that builds trust and transparency that supports allergen sensitive consumers to make informed choices.



A quick update on the 2022 Recall Data





FSANZ food recalls by classification 2013-2022

impacted:

Imported

products

Figure 4. Recalls by year and recall classification 2013 - 2022 50 Types of products 40 Reason Biotoxin • Free from claims Number of Recalls Chemical/Contamination Foreign Matter Vegan claims Labelling Micriobiological Other Packaging Fault Undeclared Allergen 10 0 Allergen 2022 2013 2014 2015 2016 2017 2018 2019 2020 2021 Year Bureau

https://www.foodstandards.gov.au/industry/foodrecalls/recallstats/Pages/allergen-stats.aspx

Problem detection for undeclared allergen recalls



https://www.foodstandards.gov.au/industry/foodrecalls/recallstats/Pages/allergen-stats.aspx

Root cause for undeclared allergen food recalls





https://www.foodstandards.gov.au/industry/foodrecalls/recallstats/Pages/allergen-stats.aspx



News Resources Available



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Allergen Labelling The next chapter



CODEX - GSLPF

- Many countries adopt fully or partially CODEX General Standard for the Labelling of Pre-packaged Foods (GSLPF) – [CODEX STAN 1-1985 rev 2018]
- Since 1999, GSLPF has included the list of 8 major Foods known to cause IgE-mediated food allergy.
- Questions were raised by Codex Committees on Food Labelling (CCFL) and on Food Hygiene (CCFH)
- Ad Hoc Joint FAO/WHO Expert Consultation on Risk Assessment of Food Allergens started work in Dec 2020
- All 6 Vital Scientific Expert Panel (VSEP) members were invited to join this Expert consultation, and also included other regular FAMS speakers.



Food and Agriculture Organization of the United Nations









Ad Hoc Joint FAO/WHO Expert Consultation on Risk Assessment of Food Allergens was asked to

- 1. Validate and update the list of foods and ingredients in the GSLPF based on risk assessment;
- 2. Establishing threshold levels in foods of the priority allergens;
- 3. Evaluate the evidence in support of precautionary labelling.





PART 1: REVIEW AND VALIDATION OF CODEX ALIMENTARIUS PRIORITY ALLERGEN LIST THROUGH RISK ASSESSMENT



RISK ASSESSMENT OF FOOD ALLERGENS PART 2: REVIEW AND ESTABLISH THRESHOLD LEVELS IN FOODS FOR THE PRIORITY ALLERGENS

RISK ASSESSMENT OF FOOD ALLERGENS PART 3: REVIEW AND ESTABLISH PRECAUTIONARY LABELLING IN FOODS OF THE PRIORITY ALLERGENS
> CODE OF PRACTICE ON FOOD ALLERGEN MANAGEMENT FOR FOOD BUSINESS OPERATORS CXC 88-2020

> > Adopted in 2020



Part 1: Review and validation of Codex priority Allergen list through risk assessment

Are the criteria for assessing additions and exclusions still current and appropriate?

And therefore:

- Are there foods that should be added or deleted from the list?
- Clarification of allergen groupings?
- Can certain foods, such as highly refined foods, be exempted from mandatory declaration?







Part 1: Review and validation of Codex priority Allergen list through risk assessment

Evaluated "The Big 8" and other food allergens based on 3 criteria:

- \checkmark community prevalence
- ✓ severity (objective reactions to a food/ingredient such as anaphylaxis)
- ✓ potency of food/ingredient (amount of the food/ingredient required to cause objective symptoms).



Part 1: Recommendations

- Recommended global priority allergens should be limited to:
 - ✓ Cereals containing gluten (i.e., wheat & other Triticum species, rye & other Secale species, barley & other Hordeum species & their hybridized strains),
 - ✓ Crustacea ✓ Eggs ✓ Fish
 - ✓ Milk

✓ Peanuts

✓ Sesame

- ✓ Specific tree nuts (almond, cashew, hazelnut, pecan, pistachio and walnut).
- Recommended that some allergens such as: buckwheat, oats, celery, lupin, mustard, soybeans and Brazil nuts, macadamia and pine nuts should not be included in the CODEX listing, but instead included as required in individual countries
- Watch list for CODEX: pulses, insects, kiwi fruit...







Part 2: Review & Establish Threshold Levels in Foods of Priority Allergens for Use in PAL

- 1. What are the threshold levels for the priority allergens below which the majority of allergic consumers would not suffer an adverse reaction?
- 2. For the priority allergens, what are appropriate analytical methods for testing food and surfaces?
- 3. What should be the minimum performance criteria for these different analytical methods?





Part 2: Review & Establish Threshold Levels in Foods of Priority Allergens for Use in PAL

Four approaches were considered:

 Analytical-based – similar to approach currently in Switzerland & Japan

- 2. No Observed Adverse Effect Level [NOAEL] + Uncertainty Factor [UF] – VITAL 1
- 3. Benchmark Dose combined or not with the application of a Margin of Exposure VITAL 2.0 & 3.0
- 4. Probabilistic Hazard Assessment option 3 with a probabilistic modelling overlay





Part 2: Recommendations

- ✓ Based around a Reference Dose (RfD) approach similar to VITAL 3.0
- ✓ Use Eliciting Dose ED05. (Up to 5% of reactions at both ED01 & ED05 could be classed as anaphylaxis, but none were severe.)
- ✓ Simplify RfD by rounding ED05 down to 1 significant figure.
- Analytical results to be standardised as mg total protein of allergenic food per kg of food.



Part 2: Recommendations – VITAL 3.0 vs ED05

	RfD Recommendation (mg total protein from the allergenic Source)	VITAL 3.0 ED01	2019 VSEP ED05 (mg protein)
Walnut (and Pecan*)	1.0	0.03	0.8
Cashew (and Pistachio*)	1.0	0.05	0.8
Almond (**)	1.0	0.1	
Peanut	2.0	0.2	2.1
Egg	2.0	0.2	2.3
Milk	2.0	0.2	2.4
Sesame	2.0	0.1	2.7
Hazelnut	3.0	0.1	3.5
Wheat	5.0	0.7	6.1
Fish	5.0	1.3	12.1
Shrimp	2.0	25	280

Part 3: Review and Establish Precautionary Labelling in Foods of the Priority Allergens

- What methods to determine whether allergen cross-contact is reasonably likely to occur after cleaning, & the level of cross-contact?
- 2. Guidance for using PAL, based on the use of scientifically based threshold levels
- 3. How can thresholds be used by FBOs to determine:
 - the extent cleaning removes an allergen to minimise risk to allergic consumers;
 - whether an ingredient that contains a low-level allergen (e.g. an ingredient with a PAL) warrants control of its use to prevent cross-contact



Part 3: Recommendations

- PAL only when Unintended Allergen Presence (UAP), cannot be prevented and exceeds RfD
- Provide label indication (e.g. using a symbol) that a qualified RA has been done, irrespective of RA outcome
- If RfD not established for a particular priority allergenic food, an estimated RfD can be used
- Compliance with existing Codex codes of practice, good allergen management are a prerequisite, to ensure that the level and frequency of UAP is minimized
- PAL to the consumer should be simple, clear, unambiguous and not false or misleading, with use of a single unified and harmonized wording, and thus "**is not suitable**" for them.
- Education of allergic consumers and other relevant stakeholders is critical, to ensure understanding of the applied principles and the implications of the chosen phraseology



What's next? ED01 to ED05 transition

- Why? Allergen Bureau has always progressed with the latest science and recommendations from the VSEP
- Benefit? Alignment with FAO/WHO recommendations & Codex
- Companies will be ahead of potential Codex and local jurisdictional changes
- Next steps? Stakeholder engagement and strategy, education and communication planning for industry, consumers, clinicians, and enforcement agencies





The next steps towards ED05

- Allergen Bureau led Industry research study on PAL impact
- International stakeholder engagement
 - Food Drink Europe
 - Food & Drink Federation (UK)
 - FSA
 - Other judications and industry stakeholder
- Stakeholder engagement with Coeliac patient advocacy groups
- Joint consensus statement on PAL to be developed







The rest of the world is catching up!

THANK YOU

Don't forget to tell your ideas about this presentation and share it with us!

CONTACT US:



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